



International Nurses Day 2025 A Message from The President Thailand Nursing and Midwifery Council

On this special occasion of International Nurses Day 2025, the Thailand Nursing and Midwifery Council (TNMC) proudly joins the global community in celebrating the invaluable contributions of nurses and midwives to healthcare. This year's theme, **"Our Nurses. Our Future. Caring for Nurses Strengthens Economies"** with the focus on the health and well-being of nurses, highlighting the critical role that a healthy nursing workforce plays in strengthening economies, improving health systems, and ensuring better health outcomes for communities worldwide.

Nurses are the backbone of our healthcare system. In Thailand, our nurse-midwives are often the first point of contact for patients, offering nursing care with compassion, understanding, and guidance. Their tireless work at the frontlines, especially during times of crisis, underscores the indispensable role they play in ensuring the health and well-being of our society.

This year, we emphasize the need for greater attention to the health and well-being of nurses themselves. A healthy workforce is essential to provide high-quality care and ensure sustainable health systems. By focusing on the physical and mental well-being of nurses, we can help strengthen the healthcare system, boost productivity, and create a better environment for those who dedicate their lives to caring for others.

In Thailand, we have witnessed firsthand the strength and dedication of our nurse-midwives daily, particularly during the COVID-19 pandemic. They worked tirelessly under immense pressure to safeguard the health of our citizens and show extraordinary resilience. However, we must also acknowledge the toll that such dedication can take on their physical, mental and spiritual health.



Not only the complicated and critical illness and emerging diseases, nurse-midwives also face with many challenges of workforce shortage, inappropriate assignment, working overtime, advancement of medical technology and abusive behavior from patients, relatives and health care personnel. The nurse administrator should make sure to provide good and safe working environment to prevent the nurse-midwives from any anxiety, stress, sleeplessness, inadequate rest and nutrition, exhausted or injury.

The future of healthcare is in the hands of nurses. They are the voices that advocate for patients, the leaders who inspire change, and the professionals who transform the healthcare system. As a nation, we must continue to prioritize the well-being of our nursing-midwifery workforce, providing them with the support they need to perform their roles to the best of their abilities.

On 12 May 2025, I extend our heartfelt thanks to all nurse-midwives in Thailand and around the world. Your dedication, passion, and hard work make a difference in the lives of millions every day. You are the heart and soul of our healthcare system, and we are deeply grateful for your commitment to improve the health and well-being of our communities.

Let us all honor and value of nursing profession today and every day by recognizing the importance of supporting the health and well-being of nurses, ensuring that they remain strong, resilient, and ready to lead the way in shaping the future of sustainable healthcare around the world.

Happy International Nurses Day 2025

Sincerely,

Associate Professor Dr Suchitra Luangamornlert
The President of the Thailand Nursing and Midwifery Council